## **Lunch Menu**

## October 2020

			1	
Cornerstone res	ornersto CHILDREN'S CENT CHILDREN'S CENT CANCELLY AND	Grilled cheese, tomato alphabet vegetable soup, milk	2 Pierogies w/garlic butter, broccoli Normandy, milk	
Turkey & cheese roll-up, carrots & pickles, milk	Sautéd chicken w/stir fry vegetables over rice, milk	7 Fish sticks tartar sauce, broccoli, cauliflower, milk	Ham & cheese sandwich, green bean & carrot salad, milk	Sloppy Joe, mixed vegetables, milk
12 French bread pizza, green bean salad, milk	13 Italian combo w/cheese, carrots, pickles, milk	14 Chicken nuggets, mashed potatoes, w/green beans & corn, milk	15 Hotdog, baked beans, sweet potato fries, milk	16 Minestrone soup, oyster crackers, milk
19 Chicken tetrazzini w/mixed vegetables, milk	20 Kielbasa, mixed vegetables, oven roasted potatoes, milk	21 Tuna fish boats, peas & carrots, chips, milk	22 Turkey & cheese on wheat, corn, cauliflower, milk	23 Chili, cheddar cheese, elbow pasta, corn, milk
26  T: Turkey sandwiches, carrots, cucumbers PSK: Chef salad (w/turkey), buttered roll, All: milk	27 Meatballs, tomato sauce, penne, broccoli, milk	28 Sunshine, chicken salad, (craisins, mandarin oranges, celery) wraps, green beans, milk	29 Sigrid's baked sausage & rice w/mixed vegetables, milk	30 ORANGE DAY!  Baked macaroni & cheddar cheese, carrots, yams, orange milk

## October 2020

Cornerstone res	Ornersto CHILDREN'S CENT WHITE WAS CENT Serves the right to manges and substituti Operate to make Co	l A.M. Raisin bread W/butter, milk P.M. Pineapple tidbits, Wheat Thins,	2 A.M. Sliced peaches, crackers, water  P.M. belVita crackers, milk	
	peanut/nut free.	water		
	<u> </u>		1	
5	6	7	8	9
A.M.	A.M.	A.M.	A.M.	A.M.
Whole grain	Rice cakes	Cinnamon	Oatmeal,	Whole grain
cereal w/milk,	w/cream cheese	applesauce,	milk	cereal w/milk,
water			ITIIIK	
water	& jelly,	Wheat Thins,		water
	water	water	P.M.	
P.M.			Sliced apples,	P.M.
Sliced banana,	P.M.	P.M.	crackers,	Sliced oranges,
crackers,	Sliced pears,	Yogurt,	water	crackers,
water	crackers,	crackers,	1,4101	water
Walei	· ·	·		walei
	water	water		
12	13	14	15	16
A.M.	A.M.	A.M	A.M.	A.M.
Sliced apples,	Whole grain	Sliced pears,	Rice cakes	Graham crackers,
crackers,	cereal w/milk,	crackers,	w/cream cheese	milk
water	water	water	& jelly,	TTIIIC
water	Walei	water		D.14
			water	P.M.
P.M.	P.M.	P.M.	P.M.	Sliced oranges,
Nacho chips	Fruit smoothies,	Pretzels,	Pineapple tidbits,	crackers,
w/salsa,	crackers,	milk	Wheat Thins,	water
water	water		water	
19	20	21	22	23
· ·				
A.M.	Oatmeal,	A.M.	A.M.	P.M.
Sliced bananas,	milk	Whole grain	Sliced peaches,	Applesauce,
Wheat Thins,		cereal w/milk,	crackers,	crackers,
water	P.M.	water	water	water
	Sliced apples,			
P.M.	crackers,	P.M.	P.M.	P.M.
Chex milk,	water	Fruit cocktail,	belVita crackers,	Nacho chips
· ·	Walei	· ·	· ·	w/salsa,
milk		crackers,	milk	water
		water		
26	27	28	29	30
A.M.	A.M.	A.M.	A.M.	ORANGE DAY!
Sliced peaches,	Sliced pears,	Whole grain	Oatmeal,	A.M.
crackers,	Wheat Thins,	cereal w/milk,	milk	Orange slices,
water	water	water	TTIME	Wheat Thins,
walei	WUIGI	WUIGI	D 14	
			P.M.	water
A.M.	P.M.	P.M.	Cinnamon	
Graham crackers,	Fruit smoothies,	Sliced oranges,	applesauce,	P.M.
milk	crackers,	Triscuits,	crackers,	Goldfish crackers,
	water	water	water	<b>orange</b> milk
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